

CRIME

Sheriff's Department Employee Arrested for Sexual Contact with Inmate

Keith Ready
Cannon Courier

An employee of the Cannon County Sheriff's Department is in trouble for having sexual contact with an inmate. According to a citation issued January 23rd, 23-year old Katlin Alli Emme of Smithville was arrested and charged with having sexual contact with an inmate who was incarcerated at the Cannon County Jail.

Emme has indicated on her Facebook she was an employee at the Cannon County Sheriff's Department.

She will appear in General Sessions Court on February 11th to answer to the charge. Emme was booked in the Cannon County Jail on January 23rd and released on the 28th after posting \$20,000.00 bond.

Other arrests and bookings made recently, January 23rd-30th include:

*Malia Suzanne Jernigan was arrested and charged with three counts of contraband in a penal institution on January 24th. She remains in jail awaiting trial. Bond has been set at \$10,000.00.

*Jakob Isaiah Kendall of Smithville was arrested by the Cannon County Sheriff's Department after allegedly trying to break into a Wilson County Bank and Trust Building. Kendall has been charged with attempted burglary, conspiracy criminal felony, and vandalism. He was arrested on January 24th and released on January 28th after posting a \$10,000 bond

See CRIME page A9

Woodbury woman dies in head-on collision

Courier Staff Report

A Woodbury woman was killed in a car crash last week after she crossed over a double yellow line striking another vehicle head-on. 61-year old Debbie Gregory of Woodbury died at the scene of the accident on Sparta Pike in Lebanon. Tennessee Highway Patrol reports indicate Gregory was traveling west on Sparta Pike in a 2008 Honda Accord and mis-negotiated a curve crossing over into the east bound lane and hitting head-on a 2002 Ford F-150 driven by 72-year old Albert Waggoner of Mt. Juliet. Waggoner was not injured in the accident.

County Sues Former Trash Hauler

Courier Staff Report

Pemberton Trucking, the former hauler of Cannon County's solid waste from 2013-2018, is being sued by Cannon County Executive Brent Bush for breach of contract and damages for allegedly not following through on specific terms of the agreement.

In paperwork filed with the courts Thursday, the factual allegations state on January 15, 2013, Michael Pemberton and the County entered into a contract for the transport of solid waste. Per the agreement, the county was to pay Pemberton \$300.00 per full load of waste transported to Allied Waste Services.

A two-year extension of the agreement was continued on February 1, 2016 with a second extension on March 1. That extension expired on August 31, 2018. As part of the agreement, Allied Waste Services issued weigh tickets to show how much waste was disposed by Pemberton Trucking at their facility and issuing invoices to the county.

Upon recent investigation, the County alleges there were many loads hauled to the dump that would not qualify as full loads. While the majority of loads were over 10 tons many were not. According to the paperwork, some were as low as 1 ton which were all being billed as full loads.

Since 2014, the investigation revealed 540 instances of light loads being hauled and billed.

Because it is alleged Pemberton Trucking did not perform their obligations under the agreement by purposefully hauling under filled loads, the non-performance is a breach of contract as it is a specific term of the agreement that the loads hauled would be full. The breaches caused 540 extraneous charges of \$300.00 each amounting to damages of \$162,000.00.

Capstar Bank Announces Merger With First National Bank

CapStar Financial Holdings, Inc. ("CapStar") (NASDAQ: CSTR), the parent company of CapStar Bank, announced last week the signing of definitive merger agreements with FCB Corporation ("FCB"), its wholly owned subsidiary The First National Bank of Manchester ("FNBM"), and The Bank of Waynesboro ("BOW") providing for FCB to merge with and into CapStar and for FNBM and BOW to merge with and into CapStar Bank. As of December 31, 2019, FCB and BOW had total combined assets of \$467 million. Upon completion of the transaction, CapStar is expected to have total consolidated assets of approximately \$2.5 billion.

"We are pleased to join forces with these outstanding organizations whom we have proudly served their communities for over 115 years and rank among Tennessee's highest performers on Net Interest Margin and Return

on Assets," said Timothy K. Schools, President and CEO of CapStar. "This strategic partnership will mutually benefit each of the companies' employees, customers, and shareholders. Importantly, the combination continues to strengthen CapStar's funding capabilities while providing more granular and higher-yielding loan opportunities; deepens our local banking efforts in dynamic Middle Tennessee offering access into the fast-growing Rutherford County market; and creates additional scale allowing us to serve larger relationships, diversify our risks, and increase shareholder value and liquidity. We look forward to working with First National Bank and Bank of Waynesboro employees and serving their customers and communities."

Under the terms of the merger agreements, FCB and BOW shareholders will receive 3,634,218 CapStar

See MERGER page A9

40th Season Celebrated at Arts Center



Over 200 people were in attendance to celebrate the 40th season of the Arts Center Of Cannon County Saturday January 25th. The event included a preview from the cast of "Fiddler On The Roof" which opened this past weekend. The local production will continue February 7,8,9, 14 and 15. For tickets call the Arts Center box office at 615-563-2787 or visit the website artscenterofcc.com



FIDDLER ON THE ROOF

Presented by The Arts Center of Cannon County

Directed by Cyndie Verbeten
January 31 thru February 15

Sponsored by First National Bank

Performances run January 31, February 1, 7, 8, 14 & 15 at 7:30 and February 2 & 9 at 2:00PM

Set in the little village of Anatevka, the story centers on Tevye, a poor milkman, and his five daughters. With the help of a colorful and tight-knit Jewish community, Tevye tries to protect his daughters and instill them with traditional values in the face of changing social mores and the growing anti-Semitism of Czarist Russia. Rich in historical and ethnic detail, Fiddler on the

Roof's universal theme of tradition cuts across barriers of race, class, nationality and religion, leaving audiences crying tears of laughter, joy and sadness. With iconic and beloved songs such as "Sunrise, Sunset," "If I Were a Rich Man" and "Matchmaker, Matchmaker," Fiddler on the Roof is the perfect mix of audience-pleasing humor and heart.

Directed Cyndi Verbeten with music direction by Amy Massengill, this production features Nathan Owen as Tevye, Kelly Lynn Sekuterski as Golde, Darby McCarthy as Tzeitel, Rachel Horter as Hodel, Katie Massengill as Chava and Danielle Stortvik as Yente. The cast includes, Alana Shirk, Ashleigh Chambers, Gary Davis, Max Fleischhacker, Benjamin Wichern, Zach Robinson, Nathan Lamb, Andrew Hosale, Ted

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"A GO-TO CHOICE"

-The Princeton Review, 2020
Best Colleges in the U.S.

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Students: High School, Wed. 6:00 PM; College, Sun. 7:00 PM

First Baptist Church is located on Main Street in Woodbury, Tennessee. We are a cooperating Southern Baptist Church, affiliated with the Tennessee Baptist Convention and Salem Baptist Association.

For additional information about First Baptist Church please visit our website:
fbcwoodbury.org



Marvin Pearl

On January 22, 2020, Marvin Pearl passed from this life at his home in Deerfield, N.H. with his wife by his side.

Marvin was born Nov. 1, 1924 in Rock Creek, Ohio to Lewis and Henrietta (Assink) Pearl.

He was preceded in death by his parents, sister Lila Bari, brothers Lewis (Bud) Pearl, and Ralph Pearl. Also, by children from a previous marriage, Dale Pearl, Nancy Singletary, Patti Elliott, Terry Pearl, and two grandchildren.

Marvin enlisted in the U.S. Navy in 1942 and served as a gunner in PB4Y-2 aircraft throughout the South Pacific. His squadron initiated low-level bombing and was credited with destroying several Japanese targets.

Upon his honorable discharge from the Navy, Marvin moved to Florida where he owned a home remodeling business.

In the early 1970s, he moved to Cannon County to pursue his life-long love of raising horses. For the next 35 years, he raised and showed Appaloosa and American Paint horses. One of his proudest moments was having two of his horses named reserve world champion in Texas and Oklahoma.

During his years in Cannon County, Marvin also drove for Tilford Trucking in Readyville.

An avid fisherman, one of Marvin's favorite pastimes was to go fishing on Florida's Little Manatee River with son Donn and grandson Doug. His last fishing trip was in December.

Marvin is survived by his wife Karen (Sjostedt) Pearl, his children from a previous marriage Robert (Connie) Pearl of North Carolina; Karen Hall of Florida; Donn Pearl of Florida; step son Kevin (Lisa) Cini of New Hampshire, To his grandchildren, great grandchildren, and great, great grandchildren he was known as "Grandpa" but to his step grand children Hunter Cini and Brooke Cini, he will always be "Mississippi".

Also surviving are several nephews and nieces, including very special niece Trish Otter of Ohio. It was Marvin's wish to be cremated with his remains brought back to Cannon County.

Cannon Courier • February 4, 2020 • Woodbury, TN

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My Father Fixes People

Three little boys were talking about what their fathers did for a living. The first one mentioned what his father did. The second said, "My dad works at a body shop. He fixes wrecked cars." The last one replied, "My dad's a preacher, he fixes people."

Let us firmly state that no man, no preacher, can fix people!!! Only God is in the people fixing business. No one can heal, other than God!

Yes, we are broken! Every human of accountable age is wrecked by sin. Period (Rom. 3:10-18, 23)! And we all need to be forgiven, saved, fixed from our broken lives.

Again, only God can do that. No one else can. Not psychology, or science, or our own goodness, apart from God, or whatever. Only Jesus!

That salvation is found on the pages of the New Testament. We come to the Lord Jesus laying our broken lives at His feet in faith, broken-hearted repentance, confessing Christ, and being immersed in water to contact His blood of forgiveness (Mark 16:16; Acts 2:37-38; Rom. 10:9-10; Acts 22:16).

My Heavenly Father fixes people!!! By His Son!

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Darkness to Light Training



A screening of ACE Paper Tigers with Kristi Paling of Upper Cumberland Council on Children and Youth and Darkness to Light training for prevention of child sexual abuse by Brittanie Noble of the Child Advocacy Center of Rutherford and Cannon Counties, was held January 22 in conjunction with the Cannon County Juvenile Court. (L to R) June Roseberry, CASA Volunteer; Kristi Paling; Laritha Fentress System of Care Across TN; Christine O'Day, CASA Volunteer; Kamillie Smith, CASA Executive Director; Brittanie Noble; and Catherine Player, Cannon County Juvenile Court. Back Row: Glenn Steakly, Director Cannon County Substance Abuse Prevention Coalition. Photo by Donna Nichols



Brittanie Noble, Community Education Coordinator for Child Advocacy Center for Rutherford and Cannon Counties, led training on 1-22-2020, explaining the proactive steps of protecting children from child sexual abuse. 26 area professionals received Certificate of Completion. Photo by Donna Nichols

Cannon County School Board Meeting / Workshop

Monday, Feb 10th, 2020 @ 6:30 pm

Board WORKSHOP

Central Office Boardroom
301 West Main St.,
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Thursday, Feb 13th, 2020 @ 6:30 pm

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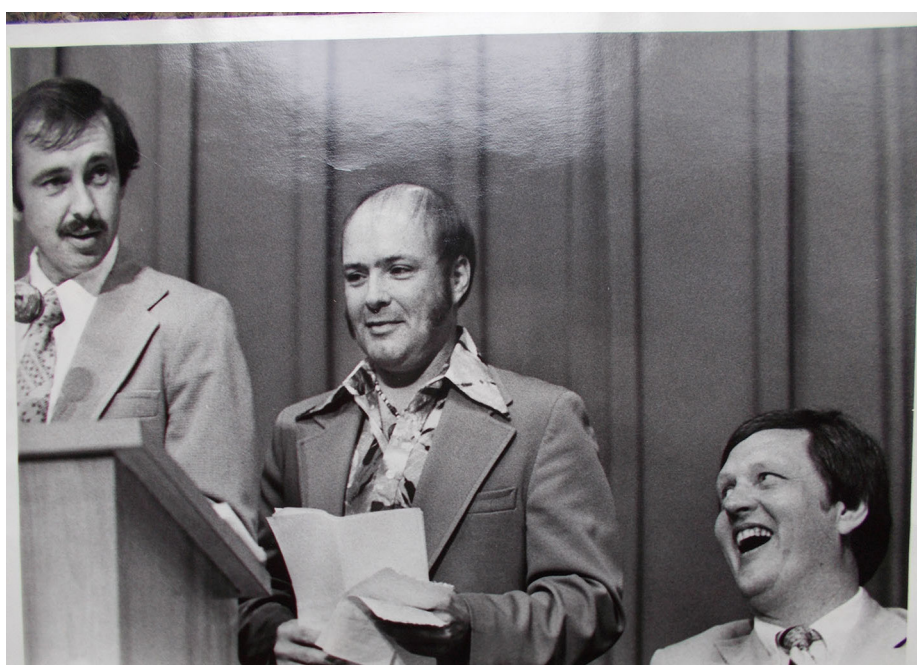
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Sports writers Larry Woody, left, and Joe Caldwell, spin stories during a 1970's Coach Jimmy Earle Roast.

COURIER COLUMNIST

Coach Earle is a Pearl



A Shot of Wry
 Larry Woody

I've known Jimmy Earle for over 50 years, dating back to when he ordered me to put my pants on. More on that in a minute. But first let me say how proud I was when MTSU decided to co-name its basketball arena after Coach Earle, along with another long-time buddy, sports announcer Monte Hale. I was a fledgling sportswriter, covering the Ohio Valley Conference, back when Jimmy was shattering coaching records at MTSU and Monte was broadcasting the shattering.

Ah, the Roaring 70's -- the era of long hair, leisure suits and free love.

Looking back on personal experience, I figure two out of three wasn't bad.

Before Coach Earle arrived at MTSU, he coached at Martin Methodist College. That's where I first met him in the fall of '64. Frankly, I was a bit concerned about his high blood pressure.

Jimmy and his bride Frances lived on the first floor of the men's dorm. That's where the vending machines were located, and at night we guys often trooped down for a Coke or candy bar.

Sometimes we trooped down in our undies.

Finally, Coach Earle posted a notice in the lobby:

"Put Some Pants On! My Wife Lives Here!"

We got the message.

Seeing us parade through his living room in our skivvies wasn't the only thing that made Coach Earle twitchy. Before one big game, his team raced onto the court -- and all the players except one were bald.

Coach Earle found that odd. They hadn't been bald a few minutes before. They had shaved their heads in the dressing room.

Jimmy was foot-stomping, fist-shaking, jabber-sputtering furious. I hadn't seen him that mad since he caught me in my underwear getting a Goo-Goo Cluster.

But there was nothing he could do. Tipoff was at a hand. He couldn't play

with only one player, and there wasn't enough time for the rest of the team to grow hair.

So, they played the game, and won by a, well, hair.

After surviving the Martin mania, Jimmy was named head coach at MTSU. His nerves didn't get a rest. One night after a road game, Jimmy rode back to Murfreesboro with Monte and a couple of other cronies.

Jimmy was pooped and stretched out in the back seat of Monte's Caddy for a nap. When they arrived back in the 'Borough, Monte quietly pulled into a vacant lot and he and the others eased out of the car and hid in an adjacent alley. Then they called the cops -- who were delighted to participate in the prank.

Suddenly Jimmy was snapped awake by a cop banging on the car window, blue lights flashing.

Half-asleep and disoriented, Coach Earle had no idea where he was, or where everybody had gone.

Monte, his cohorts and the cops let him squirm and stammer for a few minutes before everybody burst out laughing. Everybody, that is, but Jimmy.

Cannon Courier Publisher Ron Fryar calls Coach Earle by his McMinnville High nickname, "Bird." He got it from always being late to class. His buddies jokingly called him "Early Bird," and eventually shorted it to "Bird."

Considering some of the pranks that were played on him, it's amazing Bird wasn't driven Coo-Coo.

Through it all, Jimmy was a good sport. He laughed (usually) along with us, and nowadays he laughs at the re-telling.

Amid all the fun and frolic, Coach Earle was one of the best basketball coaches I ever covered, including fellows named Knight, Rupp and Wood-en.

He's been a close friend for over five decades, and nobody will be prouder than I when he is introduced at center court on Feb. 15 for the MTSU arena christening. I'll be there cheering.

And yes, Jimmy, I promise to wear pants.

GUEST COLUMNIST

The Groundhog's Last Plane Ride



Glenn Mollette
 Guest Columnist

Groundhog Punxsutawney Phil is coming out soon to see or not see his shadow on his big day, in Punxsutawney, Pennsylvania. If old' furry Phil wants to fly first class or even coach anywhere, he had better do it this year. The chances are he will be walking or riding with a friend in a car next Groundhog's day.

A new rule proposed by the U.S. Department of Transportation would permit airlines to stop accepting emotional support animals on planes allowing only service dogs that are professionally trained to perform tasks or assist passengers with disabilities, including psychiatric disorders.

I'm all for this as airplanes have started looking like Noah's Ark or flying zoos. Who wants to ride on an airplane with birds, cats, pigs and whatever anyone imagines to be their emotional support creature? Maybe you do. A lot of us do not.

This has developed into a lot malarkey over the years. Carole and I were traveling back from Maine several years ago. We had bought tickets well in advance so we could have the two front bulkhead seats. This was a small plane and our seats weren't considered first class, but we had three or four more inches of leg room.

Before boarding our flight, we heard our names called on the airport public address system. We went to the check-in counter and were almost told that we needed to give up our seats for a man

with a disability and his wife who had service animals. We were young, naïve and gullible so being tenderhearted people we said okay.

The agent assigned us to the two seats directly behind our old seats which meant no extra leg room that we had planned for months in advance. The guy gets on the plane and he and his wife appear healthier than we are. He was wearing a hearing aid, but he was seeing and getting around fine as was his wife. With these people were "three" dogs. Yes, three dogs!

The only thing I could tell that these dogs could do was stink up the area where we were sitting. To add insult to injury we had to ride now behind our original seats with these dogs occasionally starring at us.

I'm not doing it again. Many years ago, I developed a blood clot from extended travel and I'm not giving up my seat for some person who needs to sit and pet their dog. I'm not an animal hater. I love animals. I had a dog in my house for sixteen years. For people who truly are disabled and need a documented trained service dog then that's okay but plan and buy your ticket in advance instead of bumping someone else out of their seat for your "dogs."

Most real trained service dogs are better behaved than some passengers. It's finally time that our airlines can get some control over the zoos flying through the sky.

Contact him at GMollette@aol.com.
 Learn more at www.glenmollette.com Like his facebook page at www.facebook.com/glenmollette

LETTERS

To The Editor:

Cannon County Schools joined other school districts in saluting our local education leaders during Tennessee's annual School Board Appreciation Week from January 27th-31st, 2020.

The week is designed to recognize the contributions made by 11 school board members, including the Cannon County Board of Education. School boards are given the tremendous responsibility of ensuring the education of Tennessee's youth.

Cannon County Board of Education members are elected by their communities to manage the local schools. They oversee multimillion-dollar budgets, which fund education programs for more than 2,020 Cannon County students in seven (7) schools. Their personnel decisions affect more than 300 teachers, administrators and support staff.

These volunteer leaders are responsible for formulating school district policy, approving the curriculum, maintaining school facilities, and adhering to state and federal education laws. Legal concerns and the complexities of school finance, including budgeting and taxation, require them to spend many hours in board training programs and personal study to enhance their understanding of these issues.

Our deepest appreciation is extended to the dedicated men and women who make it possible for local citizens to participate in education. We salute the public servants of the Cannon County Board of Education whose commitment and civic responsibility make local control of public schools in our community possible:

Mr. Nathan Sanders - District 1 (West Side Community); Vice Chairman Mr. Travis Turney - District 2 (Auburntown/Short Mountain Communities); Mr. Bruce Daniel - District 3 (Woodland Community); and Chairman Pro Tem Mr. Brian Elrod - District 5.

Please join us by saying thank you to our school board members!

Sincerely,
 William F. Curtis, Director
 Cannon County Schools
 301 West Main Street • Woodbury, TN 37190
 629-201-4801 EXT 10101 • 629-201-4830 FAX

COURIER COLUMNIST

Federalist Papers



Media Matters
 Larry Burriss

Some of the highlights of the current impeachment proceedings are questions about the Constitution. What does the Constitution say? What does the Constitution mean? How should the Constitution be applied? Several senators and representatives have invoked what is perhaps the second-most authoritative source of political theory in our republic, "The Federalist Papers," a collection of 85 articles and essays written by Alexander Hamilton, James Madison, and John Jay promoting the adoption of the Constitution.

The Constitution, of course, protects freedom of the press. But what about those "Federalist Papers"? In Paper 84 Alexander Hamilton addresses this very subject.

Hamilton, it turns out, was seriously opposed to a Bill of Rights, including formal protections for the press. Why? Because he said these rights are so ingrained in the very fabric of government and society there is no need to protect them.

Indeed, Hamilton argued by enu-

merating these rights, it would provide an opening for the government to restrict them. Since the idea of "press" was so vague, he argued, the government could define it any way it wanted, and then begin to restrict it.

Said Hamilton, "Why . . . should it be said that the liberty of the press shall not be restrained, when no power is given by which restrictions may be imposed?"

The idea, in Hamilton's mind, was the government only had powers given to it by the Constitution. And since there were no such powers regarding the press, the press was, by default, free from any restrictions.

Later in Federalist 84 he argues it is impossible to actually define "freedom of the press," and in other places the papers suggest making a list of protected freedoms is dangerous because something might be left out, and by making it difficult to amend the proposed Constitution, it may become impossible to add those missing elements.

It is beyond dispute the Constitution provides a framework and blueprint for freedom in a republican government. But citizens should not forget other important works giving meaning and purpose to that basic document.

To Contact Your Government Officials:

State Senator Mark Pody	State Representative Clark Boyd	Congressman John Rose
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Social Security Matters

by AMAC Certified Social Security Advisor Russell Gloor

Ask Rusty – About Warnings to Make Sure I “file properly”

I am currently 63 years old and planning to delay retirement until 70 to maximize my benefit. I've been seeing a lot of financial planners advertising claims that you can lose thousands of dollars in benefits if you don't "file properly." Is there really anything more to it than simply applying for benefits when you are ready to retire? Do I really need to pay a financial advisor just to tell me how to apply to get the most benefits? Signed: Skeptical

Dear Skeptical:

Nearly all the advertisements you see using language like that have an underlying purpose of trying to sell you something – usually a book, a subscription, or financial services. The phrase “losing thousands if you don't file properly” are very generic words meant to lure you into contacting them so they can sell something to you. Reality is that “filing properly” means simply choosing the right age to file for benefits given your specific personal circumstances. And personal circumstances are different for everyone. There aren't any tricks in the filing process itself – it's really quite straightforward, and you can get all your Social Security filing questions answered here at The AMAC Foundation's Social Security Advisory Service. Our staff of Social Security Advisors are fully trained and certified by the National Social Security Association (NSSA®), and we have years of experience on this complex topic. We provide Social Security information and answers to several thousand people each year, without a fee because we are a not-for-profit entity operating only on donations. And contacting us is easy at either ssadviser@amacfoundation.org, or 1.888.750.2622.

As for when you should file, everyone's personal situation is different, and your marital status should always be considered. But as an individual, waiting until age 70 will give you the maximum benefit available to you. If you are now 63, your age 70 benefit will be 29.3% more than it would be at your full retirement age of 66 years and 4 months, and about 65% more than you'd get at age 64. And provided you are in good health and expect at least average longevity (about 84) not only will your monthly payment be more, but you'll collect more in cumulative lifetime benefits by waiting. And here's an extra bonus – if you are married and you predecease your wife, her survivor benefit will be based upon that larger amount you were receiving because you delayed claiming. If she has reached her full retirement age, as your widow your wife will get 100% of your actual benefit. But if you were to claim earlier, your wife's survivor benefit would be based on that smaller amount.

The answer to your specific question is that there is no magical way to apply for benefits once you determine the age at which you wish to file. You can file by calling the Social Security Administration directly, either at their general number (1.800.772.1213) or your local office (find it at www.ssa.gov/locator), or you can also file online at www.ssa.gov/retire. Filing online is by far the easiest and most efficient way to complete and submit your application for benefits.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadviser@amacfoundation.org.

Summer Food Service Program Organizations Sought

The Tennessee Department of Human Services (TDHS) is seeking rural communities as it opens the application process for organizations to participate in this year's Summer Food Service Program (SFSP). The goal of the SFSP is to ensure that children 18 and younger who benefit from meal programs during the school year continue to have that same access to nutritious meals during the summer. The application process seeks out organizations, governmental entities, schools, religious entities, and non-profit residential camps who are interested in sponsoring the program and serving free meals to children in their communities.

This need is especially important in rural counties in Tennessee and those designated as distressed. Last year Cheatham, Giles, Moore, Stewart, and Wayne Counties did not have sponsors to serve children with the program. TDHS is hoping to change that this year by recruiting sponsors willing to serve

those counties and additional sponsors for every county in the state.

“The partnerships we have with our Summer Food Service Program sponsors are helping us build strong families,” said TDHS Commissioner Danielle W. Barnes. “The needs of our communities differ greatly from each other and that's why it's so essential to have sponsors working with us in all communities across the entire state. We build a thriving Tennessee by helping all children have access to nutritious meals during the summer months.”

In addition to children of school age, adults 19 and older with a mental or physical disability are eligible to receive free meals if they participate in a school program established for individuals with disabilities during the prior school year.

Applications will be accepted until May 1, 2020. If your organization is interested in becoming an SFSP sponsor or becoming a feeding site under an existing sponsor, please

contact the TDHS by e-mail at TNSFSP.DHS@tn.gov. For more information on the Summer Food Service Program, please visit: <http://tn.gov/humanservices/topic/learn-about-the-summer-food-service-program>

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who

are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found online at http://www.aseer.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture, Office of

the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-7410;

(2) Fax: (202)690-7442; or (3) Email: program.intake@usda.gov.

Legal & Public Notices

NOTICE OF SUBSTITUTE TRUSTEE'S SALE

WHEREAS, default has occurred in the performance of the covenants, terms and conditions of a Deed of Trust dated December 1, 2016, executed by FRED A HOLLINGSWORTH, LOIS M HOLLINGSWORTH, conveying certain real property therein described to JAMES H. RIENIETS, JR., as Trustee, as same appears of record in the Register's Office of Cannon County, Tennessee recorded December 5, 2016, in Deed Book 171, Page 551 and re-recorded March 6, 2017 in Deed Book 173, Page 356; and WHEREAS, the beneficial interest of said Deed of Trust was last transferred and assigned to Nationstar Mortgage LLC d/b/a Mr. Cooper who is now the owner of said debt; and WHEREAS, the undersigned, Ruben Lublin TN, PLLC, having been appointed as Substitute Trustee by instrument to be filed for record in the Register's Office of Cannon County, Tennessee.

NOW, THEREFORE, notice is hereby given that the entire indebtedness

has been declared due and payable, and that the undersigned, Ruben Lublin TN, PLLC, as Substitute Trustee or his duly appointed agent, by virtue of the power, duty and authority vested and imposed upon said Substitute Trustee will, on March 19, 2020 at 3:00 PM at the Main Entrance of the Cannon County Courthouse, Woodbury, Tennessee, proceed to sell at public outcry to the highest and best bidder for cash or certified funds ONLY, the following described property situated in Cannon County, Tennessee, to wit:

LAND SITUATED IN CANNON COUNTY, TENNESSEE, TO-WIT: BEING ALL OF LOT NO. THREE (3) OF MCBRIDE DRIVE SUBDIVISION OF RECORD IN PLAT CABINET 1, SLIDE 1-139-A, IN THE REGISTER'S OFFICE FOR CANNON COUNTY, TENNESSEE TO WHICH REFERENCE IS HEREBY MADE FOR A MORE COMPLETE AND DETAIL DESCRIPTION OF SAID LOT. ATTACHED HERETO AND CONVEYED HERewith IS A 1998 HOMES OF LEGEND MANUFACTURED

HOME BEARING SERIAL/VIN NOS. THL1975AAL AND THL1975BAL. Parcel ID: 065-177.00

PROPERTY ADDRESS:

The street address of the property is believed to be 156 MCBRIDE LN, BRADYVILLE, TN 37026. In the event of any discrepancy between this street address and the legal description of the property, the legal description shall control. CURRENT OWNER(S): FRED A HOLLINGSWORTH, LOIS M HOLLINGSWORTH OTHER INTERESTED PARTIES:

The sale of the above-described property shall be subject to all matters shown on any recorded plat; any unpaid taxes; any restrictive covenants, easements or set-back lines that may be applicable; any prior liens or encumbrances as well as any priority created by a fixture filing; and to any matter that an accurate survey of the premises might disclose. This property is being sold with the express reservation that it is subject to confirmation by the lender or Substitute Trustee. This sale may

be rescinded at any time. The right is reserved to adjourn the day of the sale to another day, time, and place certain without further publication, upon announcement at the time and place for the sale set forth above. All right and equity of redemption, statutory or otherwise, homestead, and dower are expressly waived in said Deed of Trust, and the title is believed to be good, but the undersigned will sell and convey only as Substitute Trustee. The Property is sold as is, where is, without representations or warranties of any kind, including fitness for a particular use or purpose.

THIS LAW FIRM IS ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

Ruben Lublin TN, PLLC, Substitute Trustee 119 S. Main Street, Suite 500 Memphis, TN 38103 rslaw.com/property-listing Tel: (877) 813-0992 Fax: (404) 601-5846 /lr0218

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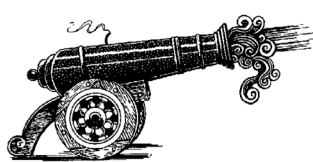
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THE CANNON BLAST

Submit items to The Blast by email at news@cannoncourier.com

Cannon County Youth Baseball/Softball Spring League Signups

January 1st- February 22nd online via the link provided on our Facebook page "Cannon County Youth baseball/softball association". In person signups will be held every Saturday in January and February 1, 8, and 15 from 9:30am-4:30pm at the cannon county high school gym. Registration fee for T-ball, ages 3-4, is \$45 and ages 5-12 baseball/softball is \$65 per child.

Cannon County Health Council

Cannon County Health Council will meet February 6 in the board room at Saint Thomas Stones River Hospital. The meeting will begin at 12pm

Adams Memorial Library Events

Chocolate Tasting! Join us for our 6th Annual Chocolate Tasting on February 8, Saturday, at 12:30. We will explore chocolate truffles this year. For more information or to sign up, please call 615-563-5861 or stop by the library.

Story Time-Join us for Story Time on Tuesdays at 11:00 am as we practice letters, shapes, and colors in February using stories, songs, and crafts. 615-563-5861.

Feb 4—Anansi! Keeper of the Folk Tales

Feb 11—Hair Love

Feb 18—Last Stop on Market Street

Feb 25—Maple Syrup from the Sugarhouse

Library will be closed for Presidents' Day, Monday, February 17.

Senior Center Music Nights

Music starts at 7:00.... admission \$5.00... information 615 904 5868. February 7th....Gilley Bros February 21st.... Slick Nickel

The Arts Center of Cannon County

FIDDLER ON THE ROOF

Directed by Cyndie Verbeten

January 31 thru February 15

Sponsored by First National Bank

Performances run January 31, February 1, 7, 8, 14 & 15 at 7:30 and February 2 & 9 at 2:00PM

Refer a Friend to Join You Outdoors and Enjoy Tennessee State Parks at Discount

The Tennessee Wildlife Resources Agency is launching a campaign this year to encourage hunters and anglers to recruit their friends, family or anyone they know to go hunting or fishing. The Refer-a-Friend campaign rewards licensed hunters and anglers who refer anyone to buy their first license in Tennessee. As a reward, TWRA will send you and your friend a thank you. Licenses go on sale on Feb. 18 for the 2020-2021 license year. The TWRA is teaming up with Tennessee State Parks for the first perk of the year. If you refer a friend before Feb. 29, you will receive a special promo code for 15 percent off cabins or 25 percent off camping.

"We are trying new ways to get new people to enjoy the great outdoors that Tennessee offers. We want to say thank you to hunters and anglers that take the time to carry on the tradition of hunting and fishing by taking a friend or being a mentor as well as encouraging more participation in hunting and fishing," said Ed Carter, executive director of TWRA.

The discount codes are valid for the promotional period of Jan. 1, 2020 through April 30, 2020. Discounts expire April 30. If a stay carries over past the promotional period, normal rates will apply.

The discount is valid for new reservations only and not valid prior to the start of the promotional period. The discount is based on availability and certain other restrictions may apply. A two night minimum applies on cabin reservations.

Auburntown Historical Society

(AHS) will meet at the Auburntown Church of Christ fellowship hall on Thursday, February 20th at 7:00 PM. Speaking will be Auburntown resident Christian Hidalgo who was the producer-director of the award-winning historic documentary "Rutherford County." He also co-authored the 2007 book "Murfreesboro". The public is encouraged to attend.

Commodity Distribution

The Upper Cumberland Human Resource Agency (UCHRA) will hold a commodities distribution for Cannon County on Tuesday, Feb. 11, 2020 from 9 a.m. until 11 a.m. at the Cannon County Community Center. Sign up will be available at the distribution site.

The Upper Cumberland Human Resource Agency does not discriminate on the basis of age, race, sex, color, national origin, religion, or disability in admission to, access to, or operations of its programs, services or activities.

"This project is funded under a Grant Contract with the State of Tennessee."

Volunteers Needed for Remote Area Medical (RAM)

To assist with free dental, vision and medical services to be held at Cookeville High School on March 21-22, 2020. For more information or to volunteer your services go to VOLUNTEER.RAMUSA.ORG or call 865-579-1530.

Upper Cumberland Community Presents Remote Area Medical (RAM)

Free dental, vision and medical services on March 21-22, 2020 at Cookeville High School, 2335 North Washington Avenue, Cookeville. For more information visit RAMUSA.ORG or call 865-579-1530.

Kittrell Volunteer Fire Department Country Ham Breakfast

Saturday, February 15th, March 21st and April 18th. The times are from 6am - 10am. Cost \$10 for adults and \$5 for children. All proceeds go to support the operations of the Kittrell Volunteer Fire Dept. Come hungry and leave full.

Senior Center Travel Plans

Cannon County Senior Center presents Southern Caribbean Cruise with Royal Caribbean Cruise Line 8 Days/7 Nights • October 11-18, 2020 • Ports include: Puerto Rico, St. Thomas, St. Kitts & Nevis, Antigua, St. Lucia, and Barbados • Inside Cabin \$1,981 Outside Cabin \$2,101 Balcony Cabin \$2,231 Rates are per person double occupancy and include roundtrip airfare from Nashville. \$350.00 deposit required for reservation

Texas Fixer Upper, March 23-29, 2020, Motorcoach Tour 6 breakfasts - 5 Dinners, San Antonio, Waco, Austin

& Dallas Texas. Highlights: George W. Bush Presidential Library, JFK Memorial and Museum, Southfork Ranch, The Magnolia Markets, Chip & Joanna Gaines' Magnolia Trail Guided Tour, Tour of Austin, Riverwalk in San Antonio, The Alamo and The Historic Missions. \$1390 pp Quad, 1340 pp Triple, \$1495 pp Double Occupancy, \$1890 pp Triple. Deposit \$400

Alaska Cruise, September 3-11, 2020, Enjoy an evening and day in Seattle, Washington before departing. Ports include: Ketchikan, Juneau, Skagway and Victoria, British Columbia. Inside Cabin \$2,828, Inside Cabin \$2,848, Balcony Cabin \$3,558, Balcony Cabin \$3,628, Sail Your Way & Pick Two Perks!, Deposit \$350 pp Double

Ongoing

MUSIC NIGHTS AT SENIOR CENTER:

Music starts at 7:00.... \$5.00 admission... additional info... 615 904 5868.

FREE:

Discover Bible Series, P.O. Box 290, Woodbury, TN 37190. Write to request the series or for more information.

CELEBRATE RECOVERY:

Celebrate Recovery from hurts, habits and hang-ups meets every Tuesday at 6:30 p.m. at First Baptist Church.

Nar-ANON:

Meetings will be held at the Senior Citizens Building, first and third Monday every month at 5:30PM. For more information 615-653-0559. Join us for support and recovery.

DINNER, DEVOTIONS:

Dinner, Devotions and activities for school-age children Wednesday nights from 5 to 6:30 p.m. at First United Methodist Church, 502 W. High St.

VITA:

VITA (Volunteer Income Tax Assistance) program, an initiative of United Way offers free tax help to people who generally make \$66,000 or less, persons with disabilities and limited English-speaking taxpayers who need assistance in preparing their own tax returns. The nearest location offering this service is at Patterson Park Community Center, 521 Mercury Blvd., Murfreesboro, TN. Times are Monday, Tuesday, Wednesday 2 - 6 pm; Saturday 9am - 1pm and Sunday 1:30pm - 5pm. Or file free online at MyFreeTaxes.com

UPPER CUMBER ADULT EDUCATION:

Earn your HSE (High School Equivalency) Diploma for FREE! Cannon County Board of Education, 301 W. Main Street, Woodbury, TN 37190, Contact us at 629-201-4828 for more information or to schedule an appointment to register.]

VOLUNTEER FOR CASA :

CASA is a non-profit organization whose mission is to advocate for abused and neglected children in Cannon County. Contact us today to see how you can help! Find us on Facebook: <https://www.facebook.com/CannonCountyCASA>. Kamille Smith, CASA Executive Director 615-542-6508, casacannonco@gmail.com

Blast From the Past

... the Cannon Courier Scrapbook

Steelman Promoted

Bruce Steelman, associate Extension agent and leader in Cannon County, has been promoted to Extension agent by the University of Tennessee Agricultural Extension Service.

The promotion was announced Friday, July 9 at a luncheon on the UT Agriculture Campus in Knoxville

Before coming to Cannon County to assume leadership of the Extension Service, Steelman served in Bledsoe County, working in adult agriculture and Community Resource Development. He was promoted to associate Extension agent in 1993.

He is a member of the Littleman's Association, the Tennessee Association of Agricultural Agents and Specialists and Epsilon Sigma Phi. He has received awards from TAA&S and the National Association of



BRUCE STEELMAN

Moore County, received bachelor's degree in animal science from Middle Tennessee State University in 1983. He received master's degree in Extens



MELTON SCORES -- Jesse Melton (40) goes up for a basket against DeKalb County in last weeks game. Looking on is Lion Jason Smith (22) and Derek Smithson (54) in the background.

Melton Scores ... Cannon Courier February 1, 1994

Bruce Steelman Promoted ... Cannon Courier Issue July 20, 1999

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info@mountainpath.co
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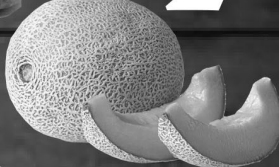
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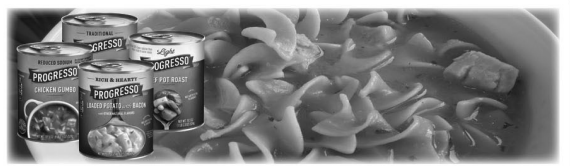
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 10 Oz. Ham or Turkey
2 for \$4



COKE, SPRITE PIBB XTRA OR MELLO YELLO
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 18-19 Oz. All Varieties
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24 Oz.

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CRYSTAL GEYSER SPRING WATER

32 Pk. .5 Liter Bottles

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64 Oz. or 8 Pk.

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Waiting with Purpose



Jerome Curran
Columnist

In society now with all its fast-paced expectations, waiting has nearly become a faux pas. Waiting "patiently" can be a whole different level of fortitude for most.

I can completely understand waiting in a drive thru for 15 minutes when there's just you and one other car can be taxing, but that's not really what I want to talk about. I want to talk about the things in life that are the hardest to find a reason in waiting. One example comes from today at the Department of Motor Vehicles (DMV).

I can almost hear the collective groans now. But as I spent half of my day in queue, I made some observations. Not long after arriving, while still in the back of the line, some folks would walk in, see the line, say a few colorful words and leave. Obviously, the purpose for why they came was not worth the wait. Another observation; you'll be hard pressed to go to a single location and find a more diverse group of people.

The most impressive thing I noticed, was the general understanding and purpose everyone had while waiting. There were no bad attitudes, to speak of, and honestly it was as if there were no race or class barrier. We were all there together suffering the same wait. I witnessed many acts of

human kindness. People helping people no matter how they looked, or smelled in some cases, no matter how they were dressed or their background. We all had a purpose, and treated each other with kindness and respect, while we waited.

Maybe you are still going strong with your new resolution of exercise this new year. You have a goal, right? You want to lose "x" amount of weight. Well as you know that goal isn't reached the first day. In other words, you're waiting. You can sit around and do nothing and wait on that goal to be achieved. In which case you may be waiting for a very long time, because there is no purpose. However, if every day you do something that will help you reach that goal, you are still waiting, but with a purpose.

Simply put we all wait, but it's what you do during the wait that changes everything. Get a new perspective, help those around you in the same situation. Be kind, because we're all in it together. Always keep striving for that goal. When you wait with purpose, good things happen.



From the Cannon Courier Recipe Box

SPONSORED BY

Osborne's Piggly Wiggly

CRESCENT CASSEROLE

- 2 pounds hamburger meat
- 1 (8 ounce) container sour cream
- 1 (8 ounce) bag shredded Mozzarella Cheese
- 1 (8 ounce) can tomato sauce
- 1 packet spaghetti sauce powder
- 1 container crescent rolls

Brown hamburger meat and drain. Place hamburger meat evenly in a 9 x 13-inch pan. Mix tomato sauce and spaghetti powder together. Spread evenly over hamburger meat. Mix sour cream and cheese together. Spread evenly over sauce mixture. Unroll crescent rolls and place on top. Cook according to crescent roll directions and browned on top.

SOUR CREAM APPLE PIE

- 2 tablespoons flour
- 1/8 teaspoon salt
- 3/4 cup sugar
- 1 egg
- 1 cup sour cream
- 1 teaspoon vanilla
- 1/4 teaspoon nutmeg
- 2 cups diced apples
- 1 (9-inch) pie shell, unbaked

Sift together flour, salt and sugar; add egg, sour cream, vanilla and nutmeg. Beat to smooth, thin batter. Stir in apples. Pour into pie shell. Bake at 400 degrees for 15 minutes then turn oven down to 350 degrees and bake for another 30 minutes.

WARM WINTER LEMON CAKE

- 1 package (2 layer size) yellow cake mix
- 2 cups cold milk
- 1 1/4 cups water
- 2 packages (4 serving size) Jell-O lemon flavor instant pudding/pie filling
- 1/3 cup sugar
- 2 tablespoons powdered sugar

Preheat oven to 350 degrees. Prepare cake mix as directed on package. Pour batter into greased 9 x 13-inch baking dish. Pour milk and water into large bowl. Add dry pudding mixes and sugar. Beat with wire whisk 2 minutes or until well blended. Pour over cake batter in dish. Place baking dish on baking sheet to catch drippings, as mixture does bubble. Bake 55 minutes to 1 hour until toothpick inserted in center comes out clean. Cool 20 minutes. Sprinkle with powdered sugar. Serve warm or cold.

CHICKEN SALAD

- 3 cups diced, cooked chicken
- 1/2 cup celery, diced
- 1/2 cup apple, diced
- 1/4 cup walnuts or pecans, chopped (optional)
- 4-6 tablespoons mayonnaise
- 1/4 teaspoon salt, or to taste
- 1/8 teaspoon ground black pepper
- Lettuce
- Rolls or bread

Combine the chicken, celery, apple and walnuts. In a cup or small bowl combine 4-6 tablespoons of mayonnaise, salt and pepper. Stir the mayonnaise mixture into the chicken, adding more mayonnaise as needed to moisten. Line bread or rolls with lettuce and spread the chicken salad on the bread or serve the chicken salad on lettuce-lined plates.

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Merger

From page A1

common shares and \$26.4 million in cash, subject to certain adjustments, totaling \$85.1 million based on the closing price of CapStar's common stock on January 22, 2020. CapStar expects the transaction to be approximately 5% and 14% accretive to earnings per common share in 2020 and 2021, respectively, and tangible book value per share dilution that is anticipated to be earned back in less than three years. Pending regulatory and shareholder approvals and the satisfaction of certain other customary closing conditions, the acquisition is expected to be finalized in late second or early third quarter of 2020.

"We are excited to partner with CapStar", said Timothy L. Spry, President and Chief Executive Officer of The First National Bank of Manchester. "In their recent partnership with Athens Federal, CapStar demonstrated a deep commitment to their employees, customers, and local community. We believe this combination will better align our resources, expand our product offerings and technology solutions, and enhance our financial strength allowing us to better serve our markets."

"CapStar is the very best partner for us to create the most trusted community bank in the communities we serve," said William B. Bryant, President and CEO of The Bank of Waynesboro. "With Ken Webb and other members of their team being from South Central, Tennessee, CapStar has unique local knowledge of our markets and will help us continue to provide outstanding customer service to our existing customers as well as expand our reach to new customers in bigger and better ways."

There will be no changes in staff personnel at the various banks involved in the merger.

Keefe, Bruyette & Woods, Inc. served as financial advisor and Wachtell, Lipton, Rosen, & Katz served as legal advisor to CapStar. ProBank Austin served as financial advisor and Butler Snow LLP served as legal advisor to FCB. Mercer Capital rendered a fairness opinion to the special committee of the board of directors of

BOW.

About CapStar Financial Holdings, Inc.

CapStar Financial Holdings, Inc. is a bank holding company headquartered in Nashville, Tennessee and operates primarily through its wholly owned subsidiary, CapStar Bank. CapStar Bank, with assets of \$2.03 billion, provides a relationship-based banking experience to small to mid-sized private businesses, professionals, and individuals. Focused on delivering superior flexibility, responsiveness, and customer service, CapStar serves customers through highly-skilled employees, digital channels, as well as 13 locations in seven Tennessee counties. The bank was recognized by Greenwich Associates, an international marketing firm, as a national Customer Experience Leader for U.S. Commercial Small Business Banking, U.S. Commercial Middle Market Banking, and U.S. Retail Banking.

For more information about CapStar, please visit <http://www.capstarbank.com>.

About The First National Bank of Manchester

The First National Bank of Manchester, with assets of \$292 million, was chartered on August 2, 1900 and has operated continuously in Coffee County. The bank's primary mission has been to serve the banking needs of its local community, and this mission continues to be the primary driving force behind the bank today. Today, it operates four locations across Cannon, Coffee, and Rutherford Counties.

For more information about The First National Bank of Manchester, please visit <http://www.fnbmwm.com>.

About The Bank of Waynesboro

The Bank of Waynesboro, with assets of \$175 million, was chartered on February 16, 1904 and has operated continuously in Wayne County. The bank's core values center around a strong commitment to customer service and extensive contributions to a vast number of community activities. Today, it operates five locations in Lawrence and Wayne Counties.

For more information about The Bank of Waynesboro, please visit <http://www.thebankofwaynesboro.com>.

Arts

From page A1

Verbeten, Steven Luster, Bob Martin, Alec Lanter, Jordan Taylor, Jeremiah Sanchez, Ryan Green, Janice Denson, Fran Gebuhr, Alexius Frost, Delana Howard, Eric Mas-sengill, Desiree Robinson, Aiden Shirk, Valerie Conover, Debbie Denson Lloyd, Holly Evans, Ryan Green, Caroline Humphries, Kaitlyn Lamb, Lourdes Luster, Amy Massengill, Ashleigh Massengill, Rachel Oppmann, Shanda Perkins, Lincoln Phillips, Catalina Rice, and Emily Tsombos. Fiddler on the Roof is rated PG for mild violence and alcohol.

The Arts Center is located on 1424 John Bragg Highway, just west of the town of

Woodbury, approximately 20 minutes from Murfreesboro, Manchester, and McMinnville and one hour southeast of Nashville. Office hours are 10:00a.m. to 4:00p.m., Tuesday through Saturday. For more information call 615-563-(ARTS) 2787. Check out our web site at www.artscenterofcc.com.

If You Go:
 What: Fiddler on the Roof
 Where: The Arts Center of Cannon County
 When: January 31 – February 15
 Tickets: \$15
 Contact: (615) 563-2787 or online at artscenterofcc.com

Crime

From page A1

in the break-in case, Zachary Chance Kendall and Jonah Ryan Stewart both of Smithville, have also been charged with attempted burglary, vandalism, and criminal conspiracy. Both were also released on January 28th after posting a \$10,000 bond.

*Kimberly Dawn Frederick of Murfreesboro was arrested by the Woodbury Police Department January 25th and charged with two counts of possession of schedule 2 drugs along with unlawful drug paraphernalia. Her bond was set at \$32,000.00. She is waiting a court appearance.

*Christopher James Sauter of Woodbury has been charged with criminal trespass and violation of probation. He was arrested by the Cannon County Sheriff's Department on January 27th. Bond was set at \$6,000.

on all three charges. Two other co-defendants

*Valerie Dawn Axtell of Liberty was arrested January 28th for assault, domestic related. She was released after posting \$2000 bond on January 30th.

*Joshua Kurry McMackins of Readyville was arrested January 28th after failing a drug screen which violated his probation.

*Justin Lee Dyer of Woodbury was booked into the Cannon County jail after being arrested on a violation of probation charge. Dyer posted bond and was released on January 29th.

*Donnie Ray Leath Sr. of Woodbury was arrested for driving on a revoked or suspended license. He remains in jail on a \$2000 bond.

*Bruce Alan Morton of Smithville was arrested January 29th on violation of probation charges. Morton is currently in jail awaiting a court date.

Cannon County Farm Bureau Honored with Pinnacle Partnership Award

During the Tennessee Farm Bureau Federation's 98th annual convention at Franklin's Cool Springs Marriott, Cannon County Farm Bureau was recognized for reaching the highest standards possible in membership, programs, and teamwork.

The Pinnacle Partnership Award is the highest recognition a county Farm Bureau may receive. It is evidenced by the cooperation between volunteer leaders, agents and staff. Cannon County Farm Bureau is to be commended for their hard work and well earned success over the past year.

Cannon County Farm Bureau was recognized onstage with the Pinnacle Partnership Award for their exemplary records over the past year. They



L to R" Ron Poston, Jessica Lance, Wendy Sneed, Mark Barker and Farm Bureau President Jeff Aiken

received a plaque with the bronze Pinnacle Partnership medallion.

Tennessee Farm Bureau is the largest Farm Bureau in the nation with a membership more than 675,000 and is a farm organization whose goal is to devel-

op, foster, promote and protect programs for the general welfare, including economic, social, educational and political well being of farm people of the great state of Tennessee.

Governor Lee Submits Comprehensive Pro Life Legislation

Thursday, Gov. Bill Lee announced that he will submit comprehensive pro-life legislation to the Tennessee General Assembly this year, including the prohibition of an abortion where a fetal heartbeat exists. This legislation will make Tennessee one of the most pro-life states in the country.

"I believe that every human life is precious, and we have a responsibility to protect it," said Gov. Bill Lee. "Today, Tennessee is taking a monumental step in celebrating, cherishing, and defending life at every stage. I'm grateful to be joined by so many leaders in our state who are boldly standing up for our most vulnerable."

This legislation will build upon successes in other states while incorporating innovative approaches to enhance existing law, including provisions such as: Prohibiting an abortion where a fetal heartbeat exists; Requiring a mother to undergo an ultrasound prior to an abortion; Prohibiting an abortion where the physician is aware that the decision to seek an abortion is motivated by the race, sex, or health or disability diagnosis of the unborn child. To protect against legal challenges, the new law will also include a creative "ladder" provision, modeled after Missouri law, of sequential

abortion prohibitions at two-week gestational age intervals, along with severability clauses for each step of the ladder.

"As someone who takes seriously the cause of life, I am ecstatic to support this legislation. The many provisions of this bill represent great leaps forward for the cause of life in Tennessee. The destination has always been clear. The issue has been identifying the proper vehicle. We now have the proper vehicle. This comprehensive, tiered approach is our best chance of advancing the cause of life without sacrificing the gains we have made. I appreciate the great work of Chairman Bell and the Judiciary Committee for their contributions to this effort. And my deepest thanks go to Governor Lee for bringing forth this much-needed, common-sense legislation. I support this initiative wholeheartedly and without reservation," said Lt. Governor Randy McNally.

"The General Assembly has been committed to making Tennessee a very strong pro-life state over the last decade. Obviously, we are very supportive and appreciative of the Governor's dedication to pro-life principles. We are looking forward to working with him and his team on this issue, as well as his legislative vision. I know members of the

House and the chairmen are eager to review the proposed language and continue their strong support for life," said Speaker Cameron Sexton.

"This comprehensive legislation is a powerful step forward in our efforts to protect the life of unborn children in Tennessee. I commend Governor Lee for his leadership on this important issue and look forward to doing everything possible to ensure its passage," said Senate Majority Leader Jack Johnson.

"I applaud Governor Lee for his ambitious thinking on this unprecedented initiative that will further enhance Tennessee's status as a national pro-life leader. I strongly support this initiative, and I will never stop fighting to provide a voice for and to protect our unborn children," said House Majority Leader William Lamberth.

"I appreciate Governor Lee's commitment to protecting the life of the unborn and look forward to working with him to ensure passage of this legislation," said Senator Dolores Gresham.

"As a strong pro-life advocate, I have always fought for the unborn. I look forward to joining Governor Lee and Leader Lamberth in continuing that effort on this very important issue that is dear to my heart," said Chairman Susan Lynn.

999 COUNTY TRUSTEE		Beginning Fiscal Year Balance	Y-T-D Debit	Y-T-D Credit	Ending Balance
999-11120		900.00	8,445,627.72	8,445,627.72	900.00
999-11130		2,281,700.13	19,710,456.84	16,394,173.78	5,597,983.19
999-11130		38,110.15	540,462.82	541,127.96	37,445.01
999-11130		299,834.12	7,227,255.81	7,312,240.23	214,849.70
999-11130		155,590.67	1,027,104.43	1,040,091.94	122,602.51
999-11130		561,543.15	6,747,568.53	6,777,879.84	251,647.81
999-11130		10,001.43	157,981.34	155,797.77	12,185.00
999-11130		5,000,000.00	0.00	1,000,000.00	4,000,000.00
999-11140		3,500,000.00	0.00	0.00	3,500,000.00
999-11140		0.00	29,398.00	0.00	29,398.00
999-11140		0.00	0.00	26,637.00	26,637.00
999-11410		255,347.90	8,089,957.74	7,984,536.86	149,927.01
999-14310		11,592,351.75	54,000,208.23	51,702,112.64	13,890,447.31
TOTAL ASSETS					
999-21100		0.00	0.00	15,153.00	15,153.00
999-21500		1,182,364.58	3,130,580.85	3,769,516.76	1,621,700.49
999-21500		127,806.18	136,113.21	285,463.32	478,350.01
999-21500		288,245.70	540,687.11	763,469.61	511,028.21
999-21500		183,390.44	62,304.71	15,263.36	117,447.09
999-21500		1,691,548.72	2,407,956.33	2,261,254.36	1,545,246.71
999-21500		3,776,123.60	8,128,039.25	9,563,441.89	5,211,526.21
999-21500		62,615.95	638,195.17	647,518.15	33,908.95
999-21500		38,110.15	632,880.28	632,215.22	37,445.01
999-21500		641,543.54	57,041.96	39,683.39	686,182.97
999-21500		2,635,229.76	464,580.32	812,060.15	2,959,709.51
999-21500		819.13	750.00	100,750.00	100,819.11
999-21500		154,091.04	147,589.78	11,798.60	175,889.44
999-21500		531,256.40	1,719,203.52	1,545,550.02	357,602.91
999-21500		10,000.00	0.00	147,589.78	10,000.00
999-21500		0.00	211,464.03	231,464.03	0.00
999-21500		0.00	13,047.97	13,047.97	0.00
999-21500		0.00	585,375.83	585,375.83	0.00
999-21500		0.00	109,688.58	120,872.91	19,386.87
999-28310		8,202.54	0.00	0.00	8,202.54
999-28900		11,592,351.75	19,264,308.00	21,562,403.59	13,890,447.31
TOTAL LIABILITIES					
999-21500		0.00	73,264,516.23	73,264,516.23	0.00

BID NOTICE

Cannon County is taking bids for a microwave and radio voting receiver communications system to connect radio, video, and data systems to several existing radio communications sites in Cannon County.

Bids will be for microwave dishes that will be installed on existing radio communications sites. Bids will also be for a radio voting communication receiver system

- "The bidder will supply path studies, recommendations for dish size and all hardware necessary to mount the systems to the towers.
- "Bids will include all costs for equipment, labor, travel, and tools required to make the sites operational.
- "This project is funded under a grant contract with the State of Tennessee."

- Site visits will be required prior to bid submittal.
- Bid deadline will be Friday February 14th, 12:00pm
- Bid opening will be February 14th, 1:00pm in the County Executive's Office.

Cannon County reserves the right to reject any and all bids. For bid specifications and site visit arrangements, contact
 EMA Director Roy Sullivan
 3798 Jim Cummings Hwy, • Woodbury TN 37190
 615-563-4322
CannonEMA@Outlook.com

NEWS FROM THE MOUNTAIN



By Carol Gunter



Some of us are now out of hibernation after the terribly cold temperatures on Monday and Tuesday of this past week. I'm not the only one suffering from it being so cold. Experiencing temperatures in the fifties for highs and lows in the thirties for the time being are certainly nice. This weather I can put up with a whole lot better, even if we still have rain to contend with.

Fay Pitts and Alene Ferrell visited with Dorothy Morrison on Thursday. Keep Dorothy in prayer that she will get stronger and feel a whole lot better. At times, we all need extra prayer don't we?

We also have others that need prayer: Charlie Mai Daniel (not feeling well enough to be in church on Sunday), Dr. J.C. Wall (improving some but it's a slow go), Tim Howes (doing a whole lot better), Jeanette Smithson (she's at home now after rehab at NHC), Ms. Helen Nixon (about the same, but trusting in the Lord to give her strength and not tire so easily), Ethlene Pedigo (she had a nasty fall but is recovering at home), and Loyce Holcomb (still doing better at this writing). Also, remember the families of Faye Nokes and John Henry Thweatt in the loss of their loved ones.

With concrete in the bathtub, wash basin and other places, I'm still stunned over the vandalizing of a home by some teenagers. It didn't say how many teens participated in this shameful act of doing \$100,000 damage to this home. Evidently the teens confessed they had done it, because some trees on the property had been cut down for the homeowner to build him home. These teens were upset because they had played in and among those trees and I guess wanted to get revenge on the homeowner for taking down those trees so that is why they trashed his home. We all have things that disappoint us in life because that is the way life works. No one should ever act in this manner.

Here is my take on these criminals and that is what they are, make no bones about it. Each one should be put in their own jail cell for lets say a month with only some bread and water to consume each day. This might be enough time behind bars to clear their heads and know the wrong they have done. Next is that chain gang in Alabama, I think, that could put those teens to work and let them work off all their pent up energy by doing something positive. They should get paid minimum wage for working on the chain gang and the money should be used to start the process of paying back restitution for all the damage done to the mans home. Their parents should be kept in the loop at all times of the progress their teens are making. If the law so deems it necessary for more punishment to be given the teens, if they haven't gotten the message on how decent law-abiding citizens act, maybe more jail time could be the answer. There are, and

should be, consequences for such outrageous behavior. Such a beautiful home was so messed up that it will be quite a chore to restore it back to it's original look.

I feel led to write the following: "We walk out the door everyday taking it for granted we will be back home later on after work, shopping or running errands that we just have to get done, but have you made preparations?" By that question I'm asking have you accepted Jesus Christ, the son of God, as your personal Savior? We can be at the top and well-off financially. We can think because we have made plans for the future we're fine and everything in our world is good. And then a tragedy hits and brings us back down to ground level as the reality of what has happened starts to sink in. I felt this when I heard the breaking news of Kobe Bryant (a basketball legend having played for the Los Angeles Lakers) and his daughter and seven other people had died in a helicopter crash on Sunday, January 26th. He was only forty-one years old and his daughter only thirteen. After the shock, what settled in on my mind was had any or all of them made preparations in case their lives were ended? None of them, on that fatal day, knew it would be their last day here. I can only hope they were living for Jesus. Do you see how everything can seem so rosy and in the blink of an eye it can all be over for us here? Are they all now in the presence of Jesus for eternity? Only God knows the answer. Remember the riches in heaven far out-weight anything here on earth and that Jesus is just waiting to accept you into heaven and into His presence to give you everything you could ever desire. Make your preparations now as we can be here one second and gone the next.

Good news to let you know about. After a lengthy renovation, Kentucky Fried Chicken in McMinnville is back open. The facility has been revamped and looks wonderful. I love their chicken and will have to visit their establishment very soon.

All is well with my cousin Ruth Brown and her family. Sister-in-law Betty Sue Hullett in Peru, Indiana and her loved ones are doing okay, also. Susie Q (as Aubrey called Betty Sue) and I want warmer weather to hurry up and get here and stay put as we both dislike the winter weather. Had a long conversation with my sister-in-law Ann Warren on Monday evening. All is well, also, on the home-front for she and the family.

If you have any news for the column, just give me a call at 615-563-4429. Have a great day!

To every thing there is a season, and a time to every purpose under the heaven: A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted. Ecclesiastes 3:1, 2

Today's Chat

with Savannah

Is It Exercise or Fries?

Did you know the CDC (Centers of Disease Control) named Tennessee as one of the 'Laziest' states in the United States?

Evidently, we are NOT moving around enough.

Has your exercise bike slowly transformed into a clothes rack?

Over 28% of adults answered no to the following question: Do you participate in exercises such as running or walking?

Actually, most of the South came in at the top of the inactive list including Arkansas, Alabama, and Mississippi.

It's said health departments are working to make more walking and running areas and bike paths.

Physical activity is tied to our mental, physical and emotional health. CDC recommends you get 150 minutes of physical activity every week. Just walking up and down stairways at home, yard work, and even grocery shopping can be included in these minutes. (Damn! I forgot to go to the gym today, that makes 8 years in a row!)

When your hip hurts or your knee is stiff - or your back is throbbing - what's the first thing you want to do. Yep, pop some Ibuprofen and rest. You want to stop moving so the pain will go away...right?

The bottom line; if you want to beat joint pain, you must keep moving. An early morning simple stretch routine is a BIG help! I find just feeding all our pets first thing in the day involves enough bending and stooping for me to get started in the morning.

Not only that, just remember those pills you pop for pain are rough on the stomach, kidneys and liver.

Have you ever thought if I ever had to actually run for my life, I would probably die?

Many relatives and friends are great ones for coming up with excuses for not exercising.

I hear "Get enough exercise?" I get enough just jumping to conclusions and pushing my luck!

What, it's time to exercise again? I'm still walking funny from my last workout!

The only machine I like at the gym is the vending machine!

Yeah, I'm into fitness; Fit - Ness whole burger into my mouth!

Cousin Sara tells me she gets enough exercise wandering the parking lot looking for her car!

Aunt Martha believes working out is important. Fortunately, opening a bottle of wine counts as a pull-up! She even ran twice in one day. First, she ran out of wine, then she ran to get some more! Her work-out tip is to get heavy wine glasses!

Our neighbor, Chester recently went

to the doctor about being so overweight. He told the doctor the problem is obesity runs in his family. The doctor replied, "No, Chester, the problem is NO ONE RUNS in your family!"

Uncle Festus remarked, "Based on how much my body cracks and pops when I work out. I'm pretty sure I'm 74% Rice Krispies."

I do run, I'm slower than a herd of turtles stampeding through peanut butter. But I do run.

Cousin Pete tells me the only running he does is after the ice cream truck!

Hey Pete, a balanced diet does not mean having an ice cream cone in each hand.

My friend, Shirley, tries to go to the gym. She confesses, "My swimsuit told me to go to the gym today, but my sweatpants were like...Nah Girl, You're Good!"

I really started to feel better about Cousin Clarence finally working out. He bought an exercise block and asked me to come over and try it. Here's what happened. The directions were:

- 1.) place block on floor,
- 2.) walk around it twice,
- 3.) sit down and relax,
- 4.) Congratulations! You have just walked around the block twice! (for real?)

Well, Savannah, what can I say? I did a pushup today. Well, actually I fell down, but I had to use my arms to get back up...so close enough!

Hey folks, have you heard about the new Banana Diet? You don't lose much weight, but climbing trees is a breeze! Hmm...if only sarcasm could burn calories!

Grandpa tells me, "If God had meant me to touch my toes, he would have put them on my knees!"

OK, are you folks out there still not convinced about being a member of one of the laziest states?

Here's one more chance; here's one more for you!

It's 'LAUGHTER'...a great exercise...good ole laughter yoga.

Here's what it does for you to laugh. It exercises the respiratory muscles, inflates the lungs, stimulates the cardiovascular system and increases oxygen in the blood.

So, one big old belly laugh coming up!

In closing, I realize most of us wish exercising was as easy as eating.

Personally, my goal was to lose 10 pounds this year, only 15 to go! (C'mon, c'mon give it up for some laughter yoga!) So, for now...keep in mind whatever you all do always give 100%, unless you're donating blood!

Many No-Calorie Hugs,
SAVANNAH

Low Back Pain is Common, But Not a Requirement for Pregnancy

There's so much to look forward to when a woman becomes pregnant – hearing baby's heartbeat for the first time, finding out if it is a boy or a girl, picking out baby gear and of course, the "pregnancy glow"! On the other hand, the physical changes expected to follow are not quite as fun: morning sickness, weight gain, swelling, and quite possibly the most commonly expected complaint – low back & pelvic girdle pain. While there are plenty of biological reasons women experience low back and pelvic girdle pain during pregnancy, there are also ways to combat their effects to help ease pain and discomfort.

Studies show as the uterus enlarges to accommodate the growing baby, the center of gravity shifts. This alters the mechanics of the musculoskeletal system. Shifts in hormones can also affect the joints, such as toward the end of pregnancy when pelvic bones soften and shift to facilitate delivery of the newborn. In some women, these changes occur prematurely, allowing bones to shift which can cause discomfort and pain. Similarly, the fluid retention leading to swollen feet, can also compress soft tissues in other areas of the body.

One multi-national study looked at pregnant women from the US, the UK, Norway and Sweden. They found the rate of Pelvic girdle pain (PGP) and low-back pain (LBP) to be 70%-86% of all pregnant women. A 2018 Canadian study suggests experiencing back pain prior to pregnancy increases the risk of pregnancy-related back pain. Additionally, the prevalence of

pregnancy-related pain increases as the pregnancy progresses.

Pain management for a pregnant woman can be complicated. The multi-national study found of those who received treatment for their pregnancy-related back pain, 68%-87% reported positive results. Yet, interestingly, only 24% of American women in that study sought treatment.

A comprehensive literature search, conducted to assess pregnancy safety data for pharmacological and nonpharmacological pain management methods, was recently published in Pain Practice, the official journal of the World Institute of Pain. It reported an association between some analgesics and a higher risk of fetal and pregnancy outcomes.

While some medications such as NSAIDs are considered "appropriate for mild to moderate pain," they are not advised in the 3rd trimester due to established risks. Additionally, there are many medications that may or may not be safe, but there is insufficient data to make a determination. Due to these findings, the literature search review authors concluded: "Treatment should be tailored to the lowest therapeutic dose and shortest possible duration, and management



from the desk of

Dr. Trea Wessel

should involve a discussion of risks and benefits and monitoring for response."

With growing knowledge about those risks, women may mistakenly think they simply have to

suffer through it. However, not treating pain can also lead to depression and hypertension – both of which can lead to complications in the pregnancy and the baby. Thankfully, there are other options!

Dr. Carrie Ann Terrell, Associate Professor in the Department of Obstetrics, Gynecology and Women's Health at the University of Minnesota Medical School in Minneapolis, reports for many pregnant women, chiropractic care is both safe, and often effective at relieving the mother's back pain and discomfort. She says there is no research suggesting there is health risk to either the pregnant mother or her baby.

"We generally support the use of many complementary therapies, including chiropractic care," Terrell says. "We do not know of any demonstrated risks." She goes on to say she often recommends chiropractic care for pregnant women with musculoskeletal pain.

During an initial visit, a chiropractor will take a complete health history and perform a physical exam. Based on these

and what is learned in communicating with the patient about their health goals, a treatment plan will be developed. Not only are chiropractors trained in a variety of treatment techniques to use for various conditions and situations, they are also trained to modify those techniques for special situations such as pregnancy.

This allows the chiropractor to treat the patient while keeping the adjustment "comfortable, safe and effective," says Jennifer Brocker, a board-certified pediatric chiropractor based in Portland, Oregon and president of the American Chiropractic Association's pediatrics council.

"There's a lot we (chiropractors) can do to help with discomfort during pregnancy and make pregnancy enjoyable and comfortable," she says.

If you are pregnant and experiencing musculoskeletal discomfort or pain, you have treatment options to help you maintain your favorite activities while still being safe for your baby. Brocker says she often tells patients, "Just because it's common, doesn't mean it's normal. Pregnancy shouldn't be painful."

Talk to your chiropractor about how you can benefit from this safe, non-pharmaceutical method of pain management.

For more information please contact:

Dr. Trea Wessel
Cannon County Chiropractic

824 McMinnville Hwy • Woodbury, TN
615-563-3320

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FOCUS ON SCHOOLS

EAGLES S.O.A.R. to DJ's Restaurant

West Side School took their winning SOAR groups to DJ's restaurant on Friday, January 17th for lunch.

The groups were rewarded for having the most points for the 9 weeks grading period. Great job to Mrs. Josie Sissiom and Ms. Lynn Gragg's groups.

A BIG THANK YOU to DJ's for accommodating such a large group and showing such hospitality.



Cannon County Schools Closed for Illness Monday, February 3rd and Tuesday, February 4th, 2020

Cannon County Schools will be CLOSED Monday, February 3rd, 2020 and Tuesday, February 4th, 2020 due to illness. "Absences of students has increased to near thirteen percent (13%) range on Friday, January 31st, 2020, however staff absences have increased dramatically to 36 staff members being absent on Friday, and we are having major difficulty finding substitutes," stated Cannon County Director of Schools Mr. William F. Curtis on Friday, January 31st, 2020. "We hope this respite over the weekend, and the two days off, will help, and our attendance will improve next week. Cannon County Schools will be back in session on Wednesday, February 5th, 2020."

Director Curtis continued, "Our Bright Arrow Alert message system has been activated today, to all who have signed up, and the message was sent out to recipients, local Cannon County Media were informed, and then the

Nashville TV Stations.

How to sign up for Bright Arrow Alerts:

1. Go to <http://www.ccstn.net/>
2. Click on RESOURCES
3. Click on Bright Arrow Self-Signup
4. Click on Register New User
5. Fill in your information - Email Address and Enter a password
6. Fill in your First Name, Last Name, Login Password, Login Password verification, Cell Phone Company, Email, and Hit Apply, OK, or Test. You will then get a Complete Page will come up depending on what you selected.
7. Now you will get the first alerts that the Director of Schools will send out regarding school closures for weather and other important Cannon County Schools

information!!

8. To Unsubscribe, Simply log back in using your password and Unsubscribe!

The School District hopes this helps parents/guardians, students, grandparents, and community members understand regarding these decisions and determinations that are made regarding school closure events.

We remain committed to OUR MISSION: 'Preparing All Students for Their Future' through OUR VISION: 'The New E3 - Engaged in Excellence EVERY Day.' We hope our students' and staffs' health will improve and our students will be back ready to go next week!"

William F Curtis, Director
Cannon County Schools

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Dan Scales
Jason Austin
Rhonda Maynard
Tim Akers

Technicians
Karla Kemp
Jessica Hayes
Shalynn Clark
Emma Davenport

Woodbury Drug Center

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OFFICIAL BALLOT STATE OF TENNESSEE
CANNON COUNTY MARCH 3, 2020
PRESIDENTIAL PREFERENCE PRIMARY REPUBLICAN BALLOT

Candidates of the Republican Party for President of the United States
Vote For One (1)
0 selected, incomplete

"I declare my preference for candidate for the office of President of the United States to be."

DONALD J. TRUMP

JOE WALSH

BILL WELD

UNCOMMITTED

WRITE-IN

Committed and Uncommitted Delegates
At-Large
Delegate candidates are listed in alphabetical order by Presidential candidate
Vote For Fourteen (14)
0 selected, incomplete

STEVE ALLBROOKS
Committed to Donald J. Trump

JULIA ATCHLEY-PACE
Committed to Donald J. Trump

MAE BEAVERS
Committed to Donald J. Trump

CHAD BLACKBURN
Committed to Donald J. Trump

LINDA D. BUCKLES
Committed to Donald J. Trump

JANE CHEDESTER
Committed to Donald J. Trump

BETH SCOTT CLAYTON
Committed to Donald J. Trump

DOUGLAS M. ENGLN
Committed to Donald J. Trump

LEI ANN GLEAVES
Committed to Donald J. Trump

SHANNON HAYNES
Committed to Donald J. Trump

JACK JOHNSON
Committed to Donald J. Trump

AMY JONES
Committed to Donald J. Trump

WILLIAM LAMBERTH
Committed to Donald J. Trump

PEGGY LARKIN
Committed to Donald J. Trump

JENNIFER INMAN LITTLE
Committed to Donald J. Trump

MARY LITTLETON
Committed to Donald J. Trump

RAUL LOPEZ
Committed to Donald J. Trump

PAULINA ALBORNOZ MADARIS
Committed to Donald J. Trump

NAZAR SHARANSHI
Committed to Donald J. Trump

ROBIN T. SMITH
Committed to Donald J. Trump

DALTON TEMPLE
Committed to Donald J. Trump

RICK TILLIS
Committed to Donald J. Trump

SUSAN RICHARDSON WILLIAMS
Committed to Donald J. Trump

MARSHA YESSICK
Committed to Donald J. Trump

JAKE ADAMS
Uncommitted

Committed and Uncommitted Delegates
6th Congressional District
Delegate candidates are listed in alphabetical order by Presidential candidate
Vote For Three (3)
0 selected, incomplete

PAUL BAILEY
Committed to Donald J. Trump

CRAIG EVAN CLARK
Committed to Donald J. Trump

HOLLY S. JONES
Committed to Donald J. Trump

TERRI R. NICHOLSON
Committed to Donald J. Trump

MARY ANN PARKS
Committed to Donald J. Trump

RYAN WILLIAMS
Committed to Donald J. Trump

JOSEPH ELDER
Uncommitted

FRANK GORGIE
Uncommitted

WRITE-IN

CANNON COUNTY REPUBLICAN PRIMARY ELECTION

CIRCUIT COURT JUDGE
Division V
District 16
Unexpired Term
Vote For One (1)
0 selected, incomplete

NO CANDIDATE QUALIFIED

WRITE-IN

WANDA J. COOKE
Uncommitted

LESLIE D. MILLS
Uncommitted

PATRICIA D. MILLS
Uncommitted

LARRY M. SIMS
Uncommitted

WRITE-IN

OFFICIAL BALLOT STATE OF TENNESSEE
CANNON COUNTY MARCH 3, 2020
PRESIDENTIAL PREFERENCE PRIMARY DEMOCRATIC BALLOT

Candidates of the Democratic Party for President of the United States
Vote For One (1)
0 selected, incomplete

"I declare my preference for candidate for the office of President of the United States to be."

MICHAEL BENNET

JOSEPH R. BIDEN

MICHAEL R. BLOOMBERG

CORY BOOKER

DEVAL PATRICK

BERNIE SANDERS

TOM STEYER

ELIZABETH WARREN

MARIANNE WILLIAMSON

ANDREW YANG

UNCOMMITTED

WRITE-IN

CANNON COUNTY DEMOCRATIC PRIMARY ELECTION

CIRCUIT COURT JUDGE
Division V
District 16
Unexpired Term
Vote For One (1)
0 selected, incomplete

NO CANDIDATE QUALIFIED

WRITE-IN

CANNON COUNTY "DEVOTIONAL PAGE"

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Woodbury

Curlee Church of Christ
251 Curlee Church Rd
Readyville

West High St Church of Christ
115 West High St
Woodbury • 615-663-6194

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Sanders Fork Baptist
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Elkins Church of Christ
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Woodbury Church of Christ
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Woodbury • 615-563-2119

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Auburntown • 615-464-4349

Shiloh Baptist Church
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Auburntown • 615-464-4971

Gassaway Church of Christ
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Liberty • 615-563-2387

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1720 Big Hill Road
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615-563-1415

Cripple Creek Presbyterian
2726 Cripple Creek Road
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Woodbury • 615-563-2337

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Bible Story of Elijah, Continued

The story continues as Elijah confronts the evil king, Ahab, about being the cause of problems for the people of Israel. Elijah challenges Ahab to a demonstration of his deity, Baal, versus the God of Elijah at Mount Carmel. The challenge is to offer sacrifices to their respective deities and see which starts a fire to prove their divinity. Ahab's prophets pray for hours to Baal but nothing happens. When it is Elijah's turn he boldly drenches the sacrament with water to display his supreme trust in God to start a fire despite being wet. Then Elijah began to pray:

"O Lord, God of Abraham, Isaac and Israel, let it be known today that you are God in Israel and that I am your servant and have done all these things at your command. Answer me, O Lord, answer me, so these people will know that you, O Lord, are God, and that you are turning their hearts back again."

God then sent down a fire that completely engulfed the sacrament in flames and the people of Israel rejoiced with a newfound faith in God. The fire was followed by rain ending the long drought, further showing God's grace. The Israelites lost faith in Ahab and followed Elijah's guidance in trusting and recognizing God's sovereignty.

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AQUARIUS ☽
Jan 21/Feb 18
Aquarius, even though you think certain situations require your undivided attention, you're really not involved at all. Avoid reading into things and wait for news to come to you.

LEO ☽
Jul 23/Aug 23
Big news arrives this week with much fanfare, Leo. The excitement will start early in the week and culminate by Thursday or Friday. Expect to be surprised.

PISCES ☽
Feb 19/Mar 20
It is time to assess your priorities, Pisces. What do you want to get accomplished over this week? You can knock out one or two items.

VIRGO ☽
Aug 24/Sept 22
Relationships can't be the stuff of movies all the time, Virgo. Sometimes you have to go with the flow and make the most of the small daily moments.

ARIES ☽
Mar 21/Apr 20
Transitional issues pop up this week, Aries. You are not quite sure which direction you should go. A close friend or advisor can help you navigate the way.

LIBRA ☽
Sept 23/Oct 23
Your time has been stretched too fast and too much, Libra. The stress may be on and you're feeling it. However, the remedy is to delegate some of your tasks and lighten your load.

TAURUS ☽
Apr 21/May 21
Taurus, you are a team player, but this week you may need to fly solo for a bit to get a handle on all of your tasks. Once things get settled, the team mentality can be restored.

SCORPIO ☽
Oct 24/Nov 22
Scorpio, you're not one for being overly emotional and sappy, but this week you can't hold back the feelings any longer. Don't hesitate to share your feelings.

GEMINI ☽
May 22/Jun 21
Gemini, if you feel like your hard work is not paying off, then you may need to use this opportunity to speak with a supervisor. This can spark changes you feel are necessary.

SAGITTARIUS ☽
Nov 23/Dec 21
If you are looking for inspiration, look no further than the close friends or relatives who are around you. They will have plenty of ideas that can get you fired up.

CANCER ☽
Jun 22/Jul 22
Cancer, there are some major changes in the way you feel this week, and it could take a few days to work through all of the emotions. But you'll get a handle on things.

CAPRICORN ☽
Dec 22/Jan 20
You have plenty of events coming up to keep you busy, Capricorn. You may have to pick and choose which ones to attend because you simply can't do them all.

SUDOKU

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GOOD SIGHT WORD SEARCH

D Y S Q B H L U Y M R H Q B I E G U D E
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L M D C R I B S L C C U A E H G T T N D
A F U O O S T N E M U R T S N I W S E C
I S F N T L O L A L N I A C U I T Y L H

WORDS

ACUITY
AMBLYOPIA
AQUEOUS
ASTIGMATISM
BIFOCAL
CATARACT
CONTACTS
CORNEA
DISORDER
EYES
EYESIGHT
FOCUS
GLASSES
INSTRUMENTS
LENS
MYOPIA
OFFICE
OPHTHALMOLOGIST
OPTICIAN
OPTOMETRIST
REFLECTION
RETINA
SCLERA
VISION

CROSSWORD

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54		55				56				57	58	59
60					61					62		
63					64				65			
66					67				68			

CLUES ACROSS

- Indicates number of days
- When you hope to get there
- Hairstyle
- Black (Spanish)
- Expresses pleasure
- Away from wind
- Tech pros organization
- Wile E. Coyote is familiar with it
- Clean
- Saints' signal caller
- A way to hunt
- Poetries
- Automobile
- Secondary school (abbr.)
- Indicates before
- Male parent
- Short-billed rails
- It pays to keep yours
- On occasion
- David __, US playwright
- Slang for cigarette
- Vaccine developer
- Returned to health
- Toni Morrison novel
- Period between eclipses
- Veterans battleground
- Gang
- A radio band
- Jaws of a voracious animal
- Elaborate garments
- Chinese province
- Checks
- Horizontal passage
- Steep hillsides
- Fertility god
- Dried-up
- Signs a name
- __ Winger, actress
- German river
- Gov't lawyers
- Take something somewhere

CLUES DOWN

- __ Blyton, children's author
- Colleague
- "The African Queen" writer
- Crater on the moon
- Toward
- Overhang
- Identifies something close at hand
- Sign language
- Unbroken views
- Ancient Greek City
- Stretch out to grasp
- Alcohols that are unfit for drinking
- Humorous stories
- Long song for a solo
- Barrels per day (abbr.)
- City of Lights
- A place to sleep
- Advanced degree (abbr.)
- The back
- Furniture-makers Charles and "Ray"
- Songs to a lover
- Gland secretion
- 10 meters
- Disfigure
- Stores grain
- Sacred book of Judaism
- Catch
- Promise
- Challenges
- Russian space station
- Banking giant
- Served as an omen
- Drenches
- Type of sword
- Minor planet
- Messenger ribonucleic acid
- Japanese ankle sock
- Obtain in return for services
- Waste matter
- A proposal to buy at a specified price
- Unit of loudness

⊕ * ✎ ☺ ♣ ~ ⓪ ☞ ✧ * ✨ ✖ ✨ + ☿ ♁ ♀ ♁ ☽ ☾ ☿
A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

CRYPTO FUN

☿ ☾ ☽ ✨ ☿ ☿ ☿ ~ ✨ +
Determine the code to reveal the answer!

Solve the code to discover words related to vision.
Each number corresponds to a letter.
(Hint: 8 = e)

A. 8 13 8 2

Clue: Used for sight

B. 8 21 25 3

Clue: Test

C. 16 9 2 9 15 23

Clue: Sight

D. 20 8 25 10 4 20 13

Clue: Free of illness

Answers: A. eyes B. exam C. vision D. healthy

See Classifieds
Page for Puzzle
Answers

CLASSIFIEDS

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SPORTS

MTSU Arena Co-Named for Coach Earle, Shares McMinnville Memories

By Larry Woody
Correspondent

MURFREESBORO – Jimmy Earle, a former McMinnville High basketball standout who became a record-breaking coach at Middle Tennessee State University, will have the school's basketball arena re-named in his honor on Feb. 15. MTSU's Monte Hale Arena in Murphy Center will be re-christened the Monte Hale/Jimmy Earle Arena.

As he looks forward to the tribute, Earle looks back with fondness at where it all began – in McMinnville. At McMinnville High, Earle was an All-District player as a junior, and

earned All-Central Tennessee Conference honors as a senior. Those performances caught the attention of college recruiters, and after graduating from McMinnville High in 1953, Earle played at MTSU and Martin Methodist College in Pulaski.

"I have great memories of McMinnville," says Earle, one of the most recognized and popular sports personalities in Middle Tennessee. "There's a lot to be said for growing up in a small town. There were – and still are – some wonderful people there, and a lot of them had a big influence on my life." Earle's first coaching job was at Algood High. He spent one year there, win-



MTSU coach Jimmy Earle chats with radio announcer Monte Hale following a game

ning games and the heart of a pretty young Algood resident named Frances – the future Mrs. Earle. From Algood High, Earle coached two years at Smithville High, then land-

ed a job at Martin Methodist College where his star continued to rise. In 1966 he returned to MTSU as assistant basketball coach, freshman basketball coach, and base-

ball coach. His freshmen teams compiled a 74-29 record, and in 1969 he was promoted to head coach. Over the next ten years Earle's Blue Raiders put the program on the national map. They won two Ohio Valley Conference regular-season championships and two OVC tournament titles. Earle coached two of his teams to the first NCAA Tournament appearances in the school's history.

When he left coaching to become MTSU's Athletics Director, Earle's Blue Raiders had compiled a record of 164-103, including a record 33-game winning streak on their home court. Earle received MTSU's Distinguished Alumni

Award and is enshrined in the Blue Raiders Sports Hall of Fame. And now his name will be become synonymous with the arena in which he enjoyed so much success.

"It's a tremendous honor, and I appreciate it," Earle says.

The late Monte Hale was a MTSU broadcaster who called all of Earle's victories. The arena was named after him several years ago, and his son, Monte Hale Jr., says his father "would be proud" to share the accolade with Earle.

See Larry Woody's column on Page A4.

Lionettes Ice Lady Dragons Fire



Kristen Fann (#21) drives to the basket against Macon County. Photo, Ronny Burks

The Cannon County Lionettes needed a big win to stay in position to have a chance to make a last minute climb in the district standings before the regular season closes before Valentine's Day. The win came in the form of York Institute who came into the January 28th meeting third in the district standings with three losses. The previous meeting on December 30th resulted in an eight point York win 59-51 but this time the Lionettes proved they were the better team with a 54-42 win. In fact, if Lady Dragon star Haylee Johnson hadn't played, the score would have been much worse. Johnson attributed for 34 of York's 42 points. Jessie Kauffman led three Lionettes in double figures with 15. Cannon stays in sixth in the current district standings but can move up the ladder with head to head matchups with Dekalb and Livingston coming up in the final two weeks

Mason-3
York: Haylee Johnson-34, Ellie Leffew-3, Gabby Beaty-2, Lilly Conaster-2, Millie Hull-1

It didn't get much easier after the loss in Watertown for the Cannon County Lions. January 28th the team had the opportunity to suit up and get things back in order with a rematch against York in Woodbury. York entered the game second in the district standings and a win would have renewed some confidence in the Lions. York however put a stop to any Lions hopes after outscoring Cannon in the middle quarter 16-8. The Lions were not able to make a big run after that losing to York 62-44. Gus Davenport led the Lions with 16.

Boys York 62 Cannon County 44
York: Nicholas Smith-22, Noah Smith-17, Riley Cooper-8, Jon Heddings-8, Roger Meadows-7
Cannon County: Gus Davenport-16, Blake Bush-14, Luke Alexander-9, Wade Love-3, Lavell Rogers-2



Going over the Macon County defense, Wade Love (#3) puts in two of his 16 points. Photo, Ronny Burks

Girls: Cannon County 54 York 42
Cannon County: Jessie Kauffman-15, Shelby Smithson-12, Kristin Fann-10, Taylor Meeks-9, Anna Grace Sissom-7, Bradi



Jonathan Odom honors Kristin Fann's 1000 point success.

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Send a detailed letter outlining the nominee's qualifications and accomplishments. Keep in mind that the information you provide will be our primary, and possibly only, source of information on the nominee, so please be thorough. Helpful information includes career highlights (with dates, where available) honors, awards, post high school play, etc.

Attach your letter of nomination along with the following:

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Mail or drop your nominations by:

**Cannon Courier
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If you have questions or need additional information call 615-563-2512.

**Deadline to submit nominations:
 April 10 2020**

<p>District 8-AA Standings (through games played January 31st)</p> <p>Girls:</p> <ol style="list-style-type: none"> 1. Macon County 22-1 10-0 2. Upperman 21-3, 9-1 3. York 14-9,6-4 4. Dekalb 13-11, 5-5 4. Livingston 13-12, 5-5 6. Cannon County 16-8, 4-6 7. Watertown 11-13, 1-9 8. Smith County 9-16, 0-10 <p>Boys</p> <ol style="list-style-type: none"> 1. Upperman 21-2, 10-0 2. York 16-7, 8-2 3. Watertown 17-5 7-3 4. Cannon County 14-10, 5-5 5. Livingston 11-14, 4-6 6. Dekalb County 6-17, 3-7 7. Macon County 7-17, 2-8 8. Smith County 3-21, 1-9 <p>District 8-AA Games (Four Games Remain)</p>	<p>February 4th</p> <p>Dekalb County at Cannon County Watertown at Upperman Livingston at Macon County York at Smith County</p> <p>February 7th</p> <p>Cannon County at Smith County Upperman at Dekalb County Macon County at York Livingston at Watertown</p> <p>February 11th</p> <p>Macon County at Dekalb County York at Livingston Watertown at Smith County Cannon County at Upperman</p> <p>February 13th</p> <p>Dekalb County at Smith County Macon County at Upperman Watertown at York Livingston at Cannon County</p>
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