

# Once in a Blue Moon

Have you heard of the new restaurant on the moon? The food is excellent, but there's no atmosphere!  
 Hey don't laugh. People are actually buying acreage on the moon for future investment opportunity. It's the truth... not fake.  
 By the way, there really is a blue moon. It's the second full moon in each month. Pink Floyd's 1973 Dark Side of The Moon WAS all about the side of the moon we never see.  
 It's a fact. We only see one side, just 59% of its surface. The other side remains hidden. The dark spots that create the man in the moon image are actually craters filled with basalt...a very dense material.  
 How do you know the moon is going

broke? When it's down to the last quarter.  
 Uncle Festus says the moon is a lot brighter since his neighbor's barn burned down.  
 In certain parts of the world they set food out to absorb the moon's rays as it was thought to add power to cure disease and prolong life. To bathe a newborn child by its light was a blessing. To worship the crescent moon would have an effect on the tides and saltwater.  
 The full moon just might bring on

superstition or the capability of making folks do weird things! Word to the wise...never schedule your family reunion during that time. Things are strange enough already when our relatives get together!  
 Aunt Martha is convinced she is moving to the moon. Aunt Sarah wants to join her.  
 They both found out if you weigh 140 pounds on earth, you would only weigh 23.240 pounds on the moon. Those two are packing their bags.  
 When they do go, Uncle Pete has a list of politicians they can take with them! Ever wonder how the moon cuts its hair? Eclipse it.  
 The moon is 225,745 miles from the Earth. It's believed the only way the human race is going to survive is to start colonizing space and setting up space

stations on the moon. As it is already happening.  
 Grandma Clara has told me if they can put a man on the moon, they can make panty hose more comfortable. Plus, successfully organize healthcare while they are at it. Here...Here!  
 Grandpa Roy asks: "Just what the heck holds that moon up there?"  
 The Moon Beams said Cousin Clarence,  
 I, myself, see the moon as a smile on the night and romantic. Besides, the moon serves as a very handy night light. Here, the moon rests above the mountains and among the trees. A place we call home.  
 So, take the time to share the moonlight and count the stars as often as you can.  
 Enjoy those peaceful nights and be reminded the moon will always listen.  
 Many love you to the Moon Hugs,  
 SAVANNAH

## Today's Chat with Savannah

# The backbone of the medical field

In the US, when something is fundamentally important, we call it "the backbone."  
*Teachers are "the backbone" of our society; Small business is "the backbone" of America; Eggs are "the backbone" of a delicious breakfast!*  
 So, why is it we, through this figure of speech, compare anything what's truly essential to a "backbone"?



Cannon County Chiropractor  
Treia Wessel

(at a desk, on the couch, etc), which causes neck tension and joint irritation—the primary cause of most headaches in today's society. Proper spinal alignment performed by a chiropractor helps to relieve that tension, and solves your issues at the source instead of simply masking the pain (as with ibuprofen or other pain medications).  
**Pain Management**  
 If you've read up to this point, it shouldn't surprise you to find most pain in the body is related to your spine. When your spine is properly aligned, it reduces pain throughout your entire body, not just backaches. Proper spinal alignment has also been shown to reduce inflammation, which is a major cause of chronic muscle and joint pain (inflammation is also linked to cancer and heart disease).

**So, Why Does The Spine Matter So Much?**  
 Almost everything in our bodies is based from our spines. Our skeletal system branches out from it, and our muscles are rooted to it. The spine even provides a home for the nervous system, which controls nearly every function in your body.  
 That is why chiropractic treatment helps with so many different health issues. Chiropractic care has helped with everything from joint pain, to digestion, to ear infections, to epilepsy.  
 As an added bonus, these treatments often solve the problem at the source, while medications usually focus only on the symptoms. Chiropractic methods are also much lower risk than many other treatments.

Cannon County Chiropractic will hold their weekly Spinal Workshop Tuesday, June 18th from 5:30 to 6:00 p.m. This week's topic will be 'What is the Lymphatic System?' (Victoria Bailey)

**For more information contact:**  
**Cannon County Chiropractic**  
 824 McMinnville Hwy  
 Woodbury, TN 37190  
 615-563-3320

Simple—it's because the spine is one of the most important parts of human anatomy. The backbone is, quite literally, "the backbone" of our body!  
 The spine fulfills numerous roles in the body. It is so important scientists even divide all of the Earth's species into two categories of whether or not they have a spine—vertebrates and invertebrates.  
 It only makes sense the remedies to most health problems need to include the spine. A properly aligned spine and neck will help to alleviate and prevent many health issues. By working on the spine, chiropractors can fix so much more than back pain. Here are just a few examples:

**Blood Pressure**  
 Who enjoys taking medication and suffering from all its side effects? The nausea, dizziness, fatigue, etc, that come with these drugs—all just because we need to chiropractic treatment of the Atlas vertebra (a bone on the top of your spine) could help to reduce blood pressure as effectively as some medications.  
 We're not saying you should stop taking your medicine right away, but this study indicates proper care of your spine could help to fix problems as effectively as medications. Plus, chiropractic treatment spares you many of the negative side effects that come with prescriptions.

**Headaches**  
 Headaches and migraines are some of the top ailments chiropractors treat, other than back pain, of course. Most people spend their days sitting in a fixed posi-

# "Thelma and Louise" are off to the races

Could it be true that the cicadas are leaving? Sure seems like that's the case as I'm not seeing or hearing much from them like I was. One cicada that a boy found had blue eyes. They, as you know, have red eyes. What a find! The boy let the blue-eyed cicada go not thinking of there being any importance to it. The parents evidently thought otherwise and began a search for this rarity of a cicada. They actually found the critter among all the other cicadas on their property and turned it over to an institute to check the cicada out. The odds of this happening to find a blue-eyed cicada are probably in the millions. Hummingbirds are coming back to the feeders.  
 They must know the cicadas are taking flight and they can't feast on them anymore. Love the hummingbirds but can't stand those ugly cicadas. Glad they're leaving.  
 We're still having rain off and on, but the weather seems to be settling down some as it usually does this time of year.  
 Talked with Diane Evans this week. She's not been doing so well these days so keep Diane in your prayers. Also, spoke with Rose Watts. She's hanging in there with the health issues she's having to deal with. Please keep Rose in your prayers, too. Mai Nell Melton and I had a delightful conversation on Wednesday evening. She's doing well. Gracie Bratcher also feeling pretty good. William Tobert Joines, Gracie told me, worked for the Banks Cemetery for a lot of years in keeping records and doing

banking. Well, he's retired now and lives close to his daughter. He loves the paper and would love to hear from his friends around here since he's living in Paris, Tennessee now. You can send him a card at: William Robert Joines, 240 Henderson Drive, Paris, TN 38242.  
 Beverly Hubler and I had a yard sale over the weekend. It went really well. To our delight "Thelma and Louise"...Martha Parker and Betty Barnes...stopped by. They are a riot and sure helped us out on the yard sale. They stayed awhile and then were off to the races. They love those yard sales like so many of us do. Brenda Neal, Connie Cantrell, Russell

Taylor, Rick Hubler, Brad Hall and son A.J. Hall joining in on all the fun as we all have a good time when we have a yard sale.  
 If it is at all possible, Betty Barnes will be having a yard sale the second or third week of June.  
 Burley Bogle is doing pretty good for an old-timer. I love to kid him a lot, but he doesn't mind. Ann Warren and Ruth Brown were doing well when I talked to them this week.  
 Please keep praying for: Cecile Ferrell, Mary Melton, Rose Watts, Charlie Mai Daniel, Walter and Faye Ferrell, the people of Israel and Ukraine.  
 If you have any news for the column, just give me a call at 615-563-4429. Have a great day and Happy Father's Day!  
 Greater is He that is in you, than he that is in the world. I John 4:4.

News from  
the Mountain  
BY CAROL GUNTER

## LEGALS & PUBLIC NOTICES

### NOTICE FROM CANNON COUNTY SCHOOLS

The Special Education Department is in the process of purging the special education records of former students who received special education services in school and turn 25 years old during the 2024 year ( children born anytime during the year 1999). If you would like to pick up your records, please come to the Cannon County Board of Education by June 30, 2024. If you do not pick up your records by that date, the most current testing and IEP/504 information available will be scanned, saved and the remainder of the file will be shredded. You may pick up your records anytime Monday - Thursday from 8:00 AM to 3:30 PM or Friday from 8:00 AM - 3:00 PM. If you have any questions, please call Julie Vincent at 629-201-4808.

### IN THE CHANCERY COURT FOR CANNON COUNTY, TENNESSEE AT WOODBURY

**ELIZABETH K. BOWLES and JAMES A. BOWLES**  
 Petitioners  
 VS. **DOCKET #A24-01**  
**EMILY KATHERINE TURNER and ANTONIO ALEXANDER**  
 Respondents

#### ORDER FOR SERVICE BY PUBLICATION

Publication is hereby made as ordered by the court on June 3<sup>rd</sup>, 2024, as to the **PETITION TO TERMINATE RESPONDENTS PARENTAL RIGHTS AND ADOPTION** filed by Petitioners, Elizabeth Bowles, et vir. The Petitioner's Attorney, Anthony J. Cain can be contacted at 219 West Main Street, Woodbury, TN 37190, phone (615) 563-8042. By order of this court, publication shall run once weekly for four (4) consecutive weeks in the Cannon Courier, a newspaper of general circulation of Cannon County, Tennessee. The Respondent's **Emily K. Turner and Antonio Alexander** has 30 days from the last date of publication of this Order to file an answer in the Chancery Court of Cannon County Tennessee, 200 West Main Street, Woodbury, TN 37190, phone (615) 563-5936, otherwise a Default Judgment may be granted for relief sought in the Petition.  
 This the 6<sup>th</sup> day of June, 2024.

/s/ HONORABLE DARRELL L. SCARLETT  
 CHANCELLOR BY INTERCHANGE  
 /s/ DANA M. DAVENPORT  
 CLERK & MASTER FOR CANNON COUNTY, TN

## HELP WANTED

### OUTSIDE PLANT TECHNICIAN

DTC Communications is seeking an experienced, knowledgeable, and motivated individual to join our team as Outside Plant Technician.

The Outside Plant Technician performs all types of installations, maintenance, troubleshooting, and repair of both fiber optic, copper, and network access systems, including voice, video, security, data networks, and components. Performs acceptance testing on plant facilities to ensure proper operation of customer services. Ensures quality products and superb customer service are delivered at every available opportunity. This position will be required to work on-call and respond to emergencies.

In addition to strong motivational and communication skills, the successful candidate will have a high school diploma or equivalent. Prior pole climbing and line construction experience is preferred. Network+, CISCO, or other industry certifications with IP background is preferred.

For full job description and details, please visit [dtccom.net/careers](http://dtccom.net/careers).

DTC Communications, established in 1951, is a member-owned, award-winning telecommunications company providing broadband and technology solutions to improve the quality of life for our members and the regions we serve. The company's product mix incorporates a broad range of residential and commercial services including voice, internet, video, business solutions, and security systems in Middle Tennessee.

DTC Communications offers a comprehensive benefits package and salary commensurate with qualifications and experience.

If you have a passion for achieving high customer satisfaction and operational excellence, please submit resume and cover letter to [DTCHR@staff-dtc.com](mailto:DTCHR@staff-dtc.com) no later than June 17, 2024.

DTC Communications is an equal opportunity provider and employer.

